

WILSON WELLBEING STEERING GROUP MEETING AGENDA

DATE: Wednesday 30 October 2019

TIME: 5.30 – 7.30 pm

PLACE: Wilson Wellbeing space, The Wilson Hospital, Cranmer Rd, CR4 4LD

NB: PLEASE WALK AROUND THE RIGHT-HAND SIDE OF THE MAIN BUILDING (AS YOU FACE IT) WHERE YOU WILL FIND AN OPEN BLUE DOOR. DIRECT ACCESS TO THE WELLBEING SPACE IS THROUGH THAT DOOR. (Please don't use the Main Hospital Reception).

TIMING	ITEM FOR DISCUSSION	ITEM LEAD
5.30 – 5.35 pm	Welcome and “Housekeeping”	Diana Sterck (Interim Chair)
5.35 – 5.50 pm	Review of Minutes of the last meeting <ul style="list-style-type: none"> To identify any changes and agree as a final version 	Diana Sterck
5.50 – 6.10 pm	Ways of Working <ul style="list-style-type: none"> To review the draft document with a view to creating a final version for implementation. 	Mike Robinson
6.10 – 6.20 pm	Group membership <ul style="list-style-type: none"> To discuss the additional requests to join the Steering Group and next steps. 	Sue Tappenden
6.20 – 6.25 pm	Comfort break	
6.25 – 6.50 pm	Use of the interim Wellbeing space <ul style="list-style-type: none"> To receive an update on use of the space To discuss criteria for using the space and booking procedures 	Sue Tappenden
6.50 – 7.10 pm	Communication with the community <ul style="list-style-type: none"> To develop a plan to let the community know about the Wellbeing initiatives that are currently underway 	Diana Sterck
7.10 – 7.20 pm	Dates of meetings (until March 2019) <ul style="list-style-type: none"> To agree dates with Group members 	Sue Tappenden
7.20 – 7.30 pm	Meditation	Corina Pall



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